

Irondale Volleyball

August 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14 Start of Season Try-Outs 9-11 am 12-2pm	15 Try-Outs 9-11 am 12-2pm	16 Try-Outs 9-11 am 12-2pm	17 Practice V 9-Noon JV 9-11 10 9-11 9G 3-5 9M 3-5	18 Scrimmage at Big Lake	19 Team Workshop 9-Noon at Irondale
20	21 Practice V 9-Noon JV 9-11 10 9-11 9G 3-5 9M 3-5	22 Scrimmage @ Osseo	23 Practice V 9-Noon JV 9-11 10 9-11 9G 3-5 9M 3-5	24 Practice V 9-Noon JV 9-11 10 9-11 9G 3-5 9M 3-5	25 Practice V 9-Noon JV 9-11 10 9-11 9G 3-5 9M 3-5	26 Tournament 10th @ Stillwater 9Th @ Forest Lake
27	28 Practice V 3:30-6 JV 3:30-6 10 3:30-6 9G 3:30-6 9M 3:30-6	29 Match vs Centennial	30 Match @ Andover	31 Practice V 3:30-6 JV 3:30-6 10 3:30-6 9G 3:30-6 9M 3:30-		

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September 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Practice V 3:30-6 JV 3:30-6 10 3:30-6 9G 3:30-6 9M 3:30-6	2
3	4 Labor Day	5 Practice V 3:30-6 JV 3:30-6 10 3:30-6 9G 3:30-5:30 9M 3:30-5:30	6 Match at North St. Paul	7 Practice V 3:30-6 JV 3:30-6 10 3:30-6 9G 3:30-5:30 9M 3:30-5:30	8 Practice V 3:30-6 JV 3:30-6 10 3:30-6 9G 3:30-5:30 9M 3:30-5:30	9 Tournament Varsity & Junior Varsity Knights Invite @ Irondale
10	11 Match at Tartan	12 Match vs. Spring Lake Park	13 Practice V 3:30-6 JV 3:30-6 10 3:30-6 9G 3:30-5:30 9M 3:30-5:30	14 Practice V 3:30-6 JV 3:30-6 10 3:30-6 9G 3:30-5:30 9M 3:30-5:30	15 Practice V 3:30-6 JV 3:30-6 10 3:30-6 9G 3:30-5:30 9M 3:30-5:30	16 Tournament Junior Varsity W.B.L. Invite @ White Bear Lake
17	18 Practice V 3:30-6 JV 3:30-6 10 3:30-6 9G 3:30-5:30 9M 3:30-5:30	19 Match @ East Ridge	20 Practice V 3:30-6 JV 3:30-6 10 3:30-6 9G 3:30-5:30 9M 3:30-5:30 Team Meal	21 Match vs. Forest Lake	22 Practice V 3:30-6 JV 3:30-6 10 3:30-6 9G 3:30-5:30 9M 3:30-5:30	23 Tournament 9 Gold 9 Maroon @ Andover
24	25 Practice V 3:30-6 JV 3:30-6 10 3:30-6 9G 3:30-5:30 9M 3:30-5:30	26 Match @ White Bear Lake	27 Practice V 3:30-6 JV 3:30-6 10 3:30-6 9G 3:30-5:30 9M 3:30-5:30	28 Match vs. Cretin Derham Hall	29 Practice V 3:30-6 JV 3:30-6 10 3:30-6 9G 3:30-5:30 9M 3:30-5:30	30 Tournament Varsity Chisago Lakes Invite @ Chisago Lakes

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October 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Practice V 3:30-6 JV 3:30-6 10 3:30-6 9G 3:30-5:30 9M 3:30-5:30	3 Match @ Woodbury	4 Practice V 3:30-6 JV 3:30-6 10 3:30-6 9G 3:30-5:30 9M 3:30-5:30 Team Meal	5 Match vs. Stillwater	6 Practice V 3:30-6 JV 3:30-6 10 3:30-6 9G 3:30-5:30 9M 3:30-5:30	7
8	9 Practice V 3:30-6 JV 3:30-6 10 3:30-6 9G 3:30-5:30 9M 3:30-5:30	10 Match @ Mounds View	11 Practice V 3:30-6 JV 3:30-6 10 3:30-6 9G 3:30-5:30 9M 3:30-5:30 Team Meal	12 Match vs Park of Cottage Grove	13 Practice V 3:30-6 JV 3:30-6 10 3:30-6 9G 3:30-5:30 9M 3:30-5:30	14 Tournament Varsity & Junior Varsity Blokoberfest @ Irondale
15	16 Practice V 3:30-6 JV 3:30-6 10 3:30-6 9G 3:30-5:30 9M 3:30-5:30	17 Match @ Roseville	18 Practice V 3:30-6 JV 3:30-6 10 3:30-6 9G 3:30-5:30 9M 3:30-5:30	19 MEA	20 MEA	21
22	23 Practice V 3:30-6	24 Practice V 3:30-6 Section Meal	25 Sections 1st Round	26 Practice V 3:30-6	27 Practice V 3:30-6	28
29	30 Practice V 3:30-6	31 Sections 2nd Round	Practice V 3:30-6	Sections 3rd Round		Banquet on Nov. 9th